



Taking the piss?

For 5,000 years, we have used the presence of glucose to test for diabetes. Ayurvedic physicians in the 5th and 6th centuries BCE called the condition 'honey urine', and in around 1500 BCE, Hindu scholars described tasting the patient's urine for sweetness

as a diagnostic test. Today, we have the Guardian Connect Continuous Glucose Monitoring system. This system, which uses a small sensor inserted under the skin, allows the patient to continuously monitor blood glucose levels via an app on their phone. The

Guardian Connect also uses machine learning to predict high and low glycemic levels up to 60 minutes in advance. The system allows patients to better manage their condition, but it also costs up to \$5,000 per year (smartphone not included).

The Guardian Connect Continuous Glucose Monitoring system – 'smart technology' or just another way of drinking urine?